



SAILING INSTRUCTIONS

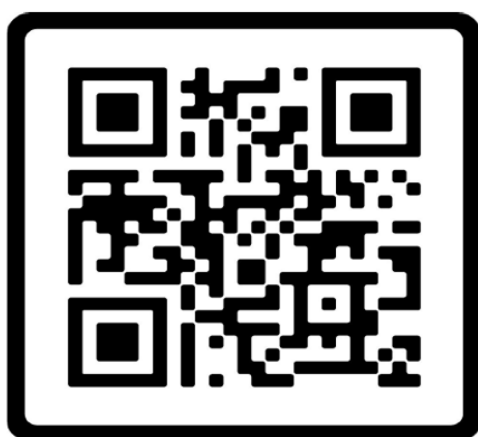
2024 Overberg District Sailing Championship

Dates: 6-7 April 2024
Venue: Theewater Sports Club
Organising Authority: Overberg Sailing Federation in conjunction with the Theewater Sports Club.

SAILING INSTRUCTIONS

1 COMMUNICATIONS WITH COMPETITORS

1.1 Notices to competitors will be posted on the Official Notice Board located at



- 1.2 The race office is located at [Training Room, Theewater Sports Club](#)
- 1.3 While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

2 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted no later than 90 minutes before the first start on the day it will take effect, except that any change to the schedule of races will be posted by 19h00 on the day before it will take effect.

3 CODE OF CONDUCT

Competitors and support persons shall comply with reasonable requests from race officials.

4 SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed at [Bridge Hut](#).

4.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 30 minutes" in Race Signals AP.

5 CLASS FLAGS

Class flags and initial order of starting will be as follows:

Stadt 23	`G` flag
Other keelboats	Orange flag with yellow `K`
Hobie 14 / Hobie 16	Blue Hobie flag
Dinghies	`O` flag

6 RACING AREA

Theewaterskloof Dam in front of Bridge Hut.

7 COURSES

The diagram in SI Appendix 1 shows the course, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

8 MARKS

The Rounding marks shall be large cylindrical yellow inflatable marks. Start / Finish pin will be a round pink or orange buoy.

9 THE START

9.1 The starting line will be between the mast displaying an orange flag on the signal vessel at the starboard end and the course side of the port-end starting mark.

9.2 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

9.3 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A5.1 and A5.2.

10 CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will move the original mark or the finishing line to a new position.

11 THE FINISH

The finishing line will be between the mast displaying a blue flag on the race committee vessel at the starboard end and the course side of the port-end finishing mark.

12 SHORTENING COURSE

In addition to the provisions of RRS 32, the race committee may also signal a shortened course by displaying flag F with repeated sounds. On this signal boats shall round mark 4 as required to sail the course, and thereafter proceed directly to the finishing line. This signal shall be made before the first boat reaches mark 4 and shall continue to be made until all boats still racing have passed mark 4. This changes RRS 32.

13 PENALTY SYSTEM

For the Hobie 14 and Hobie 16 classes, RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

14 TIME LIMITS

Boats failing to finish within 15 minutes after the first boat in her class sails the course and finishes, and not subsequently retiring, being penalised, or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the points scored by the last boat in her class that finished within this time limit. This changes RRS 35, A5.1, A5.2 and A10.

15 HEARING REQUESTS

- 15.1 For each class, the protest time limit is 45 minutes after the last boat in that class finishes the last race of the day or the race committee signals no more racing today, whichever is the later. The time will be posted on the official notice board.
- 15.2 Hearing request forms are available from the race office.
- 15.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings can be held in the protest room, located at [Training Room](#), or on the sole discretion of the race committee be conducted virtually via Zoom, and the start will be at the time posted.

16 SCORING

- 16.1 4 races are required to be completed to constitute a series.
- 16.2 (a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
(b) When from 5 to 9 races have been completed, a boat's series score will be the total her race scores excluding her worst score.
(c) When 10 or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.

17 SAFETY REGULATIONS

- 17.1 All competitors in Hobie 14, Hobie 16 and Dinghy classes and all Youth category competitors (under 18 in keelboat classes) shall wear a personal flotation device capable of supporting a 5 kg steel weight at all times while afloat, except briefly while changing or adjusting clothing or personal equipment.
- 17.2 A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

18 REPLACEMENT OF CREW OR EQUIPMENT

- 18.1 Substitution of competitors is not allowed without prior written approval of the race committee.
- 18.2 Substitution of damaged or lost equipment will not be allowed unless approved by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity, which may be after the race.

19 EQUIPMENT AND MEASUREMENT CHECKS

- 19.1 A boat or equipment may be inspected at any time for compliance with the class rules, notice of race or sailing instructions.
- 19.2 When instructed by a race official on the water, a boat shall proceed to a designated area for inspection.

20 SUPPORT PERSON VESSEL

Support person vessels shall stay outside of the course (as shown on the course diagram) and at least 50m from boats racing.

21 TRASH DISPOSAL

Trash may be placed aboard official or support person vessels.

APPENDIX 1

COURSE:

Stadt 23, Other Small Keelboats, Hobie 14 and Hobie 16

- A Triangle Windward-Leeward Course
- Start - 2 - 3 - 4 - 2 - 4 - Finish

Dinghies

- A Triangle Windward-Leeward Course
- Start - 1 - 3 - 4 - 1 - 4 - Finish

